

# Dave Norgate

## MAG Men's Program Manager

Coaching qualification/level:	Currently GACT Men's Technical Director. Men's Advanced judge. GACT course presenter. Certificate IV in Training and Education
Country of origin:	Australia
How many years coaching:	20 years coaching experience
Were you a competitive gymnast:	Competed at 7 National Championships and represented Australia twice at the Canberra Cup Junior International in 1994 and the National Levels Tour to the USA in 1996.
What level did you compete at:	MG National Level 10
Who was your "idol", "inspiration" as a young gymnast or coach:	Vitali Scherbo, Alexi Nemov, Mark Mommsen (former coach)
What was your best experience with coaching:	Relaunching the men's program at Southern Canberra Gymnastics Club
Interests	Fitness, weightlifting, eating, sleeping, world and Australian politics